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# Peak Resilience

## Accessing Counselling with an ICBC Claim



If you have been involved in a car crash and make an ICBC claim you are automatically eligible for partial coverage (\$127) of up to 12 counselling sessions within the 12 weeks following the incident. Check to see if your extended health coverage will cover the remainder of our fee.

Here are more details about [ICBC's coverage for counselling and other health care after a crash](#).

### How it works:

1. After a car crash you first need to contact ICBC and [report your claim](#).
2. Once you have reported your claim, ICBC will review your claim within 1 business day and they will provide you with a claim number.
3. When you receive your claim number from ICBC you can book an appointment with any counsellor at Peak Resilience. If you have questions regarding which counsellor will be right for you, you can email us at [connect@peak-resilience.com](mailto:connect@peak-resilience.com) or fill out our [finding the right counsellor form](#).
4. When you book your appointment let us know you have an open ICBC claim and provide us with your claim number. We will handle direct billing with ICBC, and you will only be responsible for the remainder of the session fee at your appointment time.

If you have further questions please contact us at [connect@peak-resilience.com](mailto:connect@peak-resilience.com) to learn more.